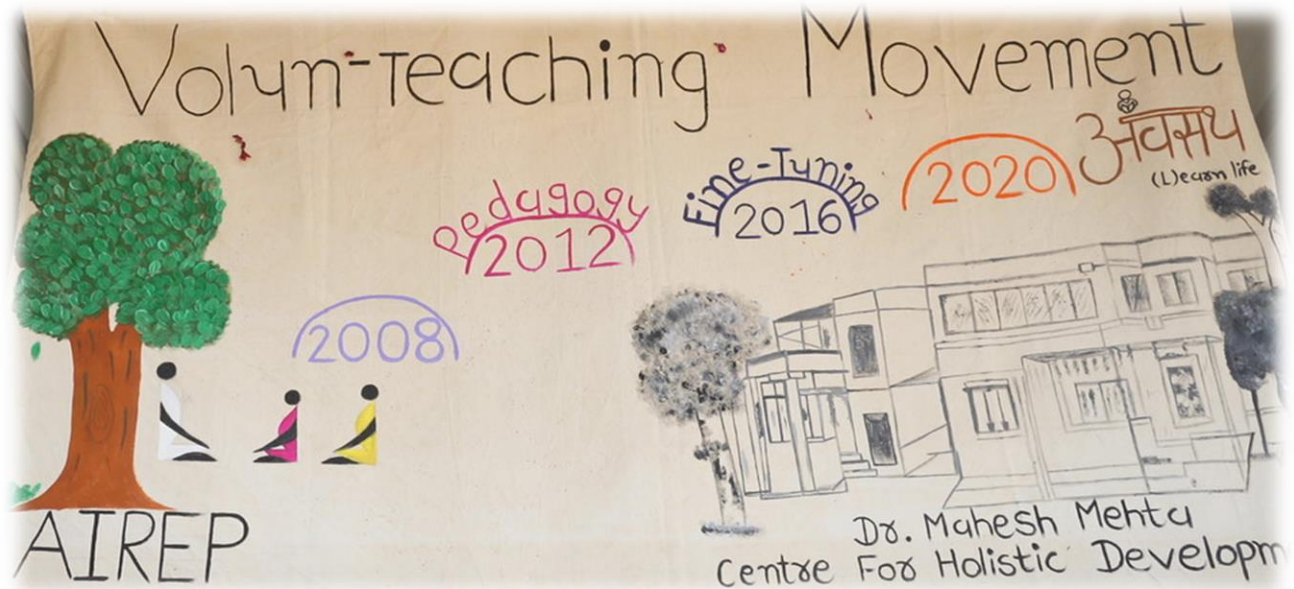


The Beginning of AIREP

In 2008, Hiral Mehta and Ravin Vyas came together to set up **All India Rural Empowerment Program (AIREP)** with a powerful vision - to bridge the gap between urban and rural India by empowering villages through education, health, and vocational efforts.

At the heart of this mission is the concept of a **VolunTeacher** - someone who dedicates their time, resources and skills to empower rural communities and contribute to nation-building.

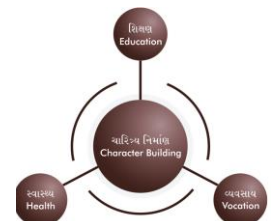
What started as a small initiative with just one VolunTeacher and ten children has now grown into a thriving centre of inspiration - the **“Dr. Mahesh Mehta Center for Holistic Development”**. Today, AIREP continues to transform lives, creating opportunities and hope for individuals in rural area near Ahmedabad.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



The Journey

Over the past 16 years, AIREP's VolunTeaching initiative has been a journey of transformation for both village children and VolunTeachers themselves. More than just a weekend commitment, VolunTeaching is a process of personal and societal growth. Every Sunday, when VolunTeachers step into a village, they don't just teach - they embark on a journey of learning, self-reflection, and impact.

Through years of experience, AIREP has developed a unique pedagogy called "स्व से समाज" (Self to Society), designed to nurture both students and VolunTeachers through three progressive levels:

1. आत्मशिक्षा (AtmaShiksha) – Phase of Exploration
2. आत्मशोध (AtmaShodh) – Phase of Exposure
3. आत्मविशेष (AtmaVishesh) – Phase of Experiment & Experience

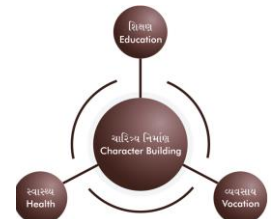
Each stage integrates innovative methods of assessment and elevation, providing a structured yet deeply personal learning experience. This approach has transformed VolunTeaching at AIREP from an act of service into a profound journey of self-discovery, empowerment, and community impact.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



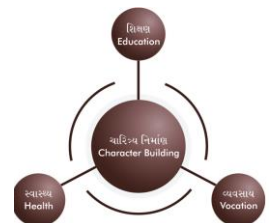
All India Rural Empowerment Program **औरेप**



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Raiji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
 Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



Process of Evolution

Year 2009 to 2012: A Step Towards Nation-Building

With the powerful appeal of “One Day in a Week for the Nation,” VolunTeaching took its first step in a village named - Paladi Kankaj in the year 2008, igniting the flame of education in rural India. Guided by the esteemed **Late Shree Kireetbhai Joshi, Former Advisor to the Chief Minister, Gujarat**; the initiative swiftly expanded, introducing structured learning sessions three days a week - Wednesday, Saturday, and Sunday.

Marking a significant milestone, by 2012 the first phase of **AtmaShiksha** reached an inspiring effort of 100 dedicated VolunTeachers and 350 kids.

2012–2016: Strengthening Pedagogy & Expanding Impact

The **AtmaShodh** batch commenced in Paladi Kankaj, carrying forward the legacy of **AatmaRanjan Shibir**, fostering self-discovery and holistic learning. Simultaneously, the **Ganpat VolunTeacher Movement (GVM)** took root in Mulsan village, followed by the launch of the **Nirma VolunTeacher Movement (NVM)** in Miroli, expanding the reach of quality education through passionate VolunTeachers.

Innovation thrived as Gramotsav & Science Fair, key components of AtmaShodh Projects, achieved remarkable success, igniting curiosity, and scientific temper with exposure among children.

A historic milestone was set with the execution of Baal Sansad in Jilla Panchayat Prathmik Shala, empowering young minds with leadership, decision-making, and a sense of civic responsibility.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



Year 2016 to 2020: Strengthening VolunTeaching: Growth, Sustainability & New Beginnings

As the journey progressed, Team AIREP proudly celebrated 12 successful years of VolunTeaching in Paldi Kankaj, a true testament to their dedication and impact. Expansion continued as Timba village joined the initiative, further strengthening our mission.

During these years, AtmaShodh flourished with the introduction of AtmaRanjan Shibir training and structured Skill Saturday sessions, nurturing the LVT (Local VolunTeacher) Sena and promoting holistic development. Sustainable growth was achieved as GVM thrived independently, while NVM found stability, ensuring the long-term sustainability of both movements. Community-led involvement gained momentum with the initiation of local VolunTeaching sessions in Paldi Kankaj, laying the foundation for deeper engagement and self-driven community empowerment. Meanwhile, “**Avsath**” was conceived, as the seeds of its vision began to take firm shape, marking a new chapter in our journey.

2018: A Milestone Year – The Establishment of Avsath Vidya Sansthan

A defining moment in this journey was the establishment of Avsath Vidya Sansthan in 2018. The name "Avsath" symbolizes a place where everyone comes together to learn and grow.

With the ethos of VolunTeaching and a modern portfolio-designed approach, the vision was to implement an education pedagogy that teaches life itself, fostering an ambiance of learning that makes the world more lovable.

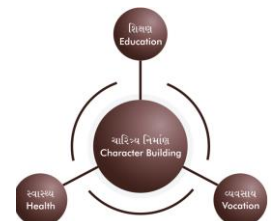
Each milestone reinforced the belief that education, empowerment, and community participation have the power to transform lives and create a sustainable future.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



Impact & Outcomes of VolunTeaching Efforts

Through the dedicated efforts over the years, we have witnessed remarkable transformations in the villages:

- **Academic Growth** – 10th-grade pass rates surged from 15% to 75%, showcasing significant progress.
- **Expanded Vision** – Exposure broadened the aspirations of village children, inspiring them to dream bigger.
- **Higher Education Aspirations** – The goalposts shifted from ITI to Graduation and beyond, paving the way for higher learning.
- **Social Upliftment** – Increased awareness and social pressure led to improved lifestyles and community well-being.
- **Industry & Skill Readiness** – More boys are now prepared for skilled jobs and industries, ensuring economic empowerment.
- **LVT Sena Formation** – A strong local youth force has emerged which is ready to lead, inspire, and drive change.

This phase (2016 to 2020) was pivotal in strengthening the VolunTeaching movement, ensuring growth, sustainability, and deeper engagement.

2020–2024: Establishing the Empowerment Process for LVT (Local VolunTeacher) Sena

Over the past four years, we have successfully laid the foundation for empowering the Local VolunTeachers and the next step would be strengthening the LVT Sena

With the grace of God and the blessings of our well-wishers, we have established a dedicated centre for holistic development: Dr. Mahesh Mehta Center for Holistic Development, a fully equipped facility designed to train, mentor, and empower LVTs with essential skills. To prepare them for leadership and self-reliance, we focus on Life Skills, Social Skills, Professional Skills, Interpersonal Skills, Teamwork and Leadership.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



All India Rural Empowerment Program **औरुप**

AtmaVishesh: The Path to Self-Sufficiency

To make LVTs financially independent and ready for leadership, we have introduced

- Paid Internships – Enabling LVTs to support their own education and personal expenses.
- उपक्रम(Initiative) Leadership – Equipping LVTs with a deep understanding of the Avsath ग्राम समूह संकल्पना, enabling them to take ownership of key village empowerment initiatives and drive sustainable change.

This structured approach ensures that LVTs not only gain financial stability but also develop the skills and confidence to drive meaningful change in their communities.

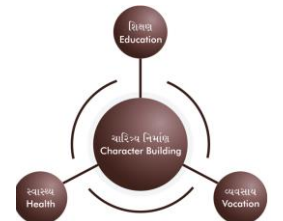
By setting a structured process, we aim to empower, mentor, and guide the next generation of village leaders.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



Step Next

Year 2024 to 2030: “ॐ - ग्राम समूह” साकल्य विकास संकल्पना

Vision & Collective Dreams

Inspired by the transformative visions of Dr. Kalam’s PURA Model, Hon. PM’s Rurban Cluster, and Dr. Mahesh Mehta’s राष्ट्र निर्माण through अंत्योदय, we embark on a mission to shape a self-sustaining and empowered rural India.

Our Road map to Transformation:

- Integrated development of village cluster through Education, Health, and Vocation
- Strengthening Governance Efforts by Demonstrating how government systems can be optimized for real impact
- Bridging the gap between Village Community & Government by creating a strong, action-driven connection for effective implementation of government efforts
- Building an LVT Army which will lead the grassroots change

This is more than a vision—it’s a 15-year journey taking shape into reality. The satisfaction of seeing these efforts materialize into meaningful impact fuels our commitment to building a prosperous, self-reliant, and progressive Bharat.

Together, we make it happen.



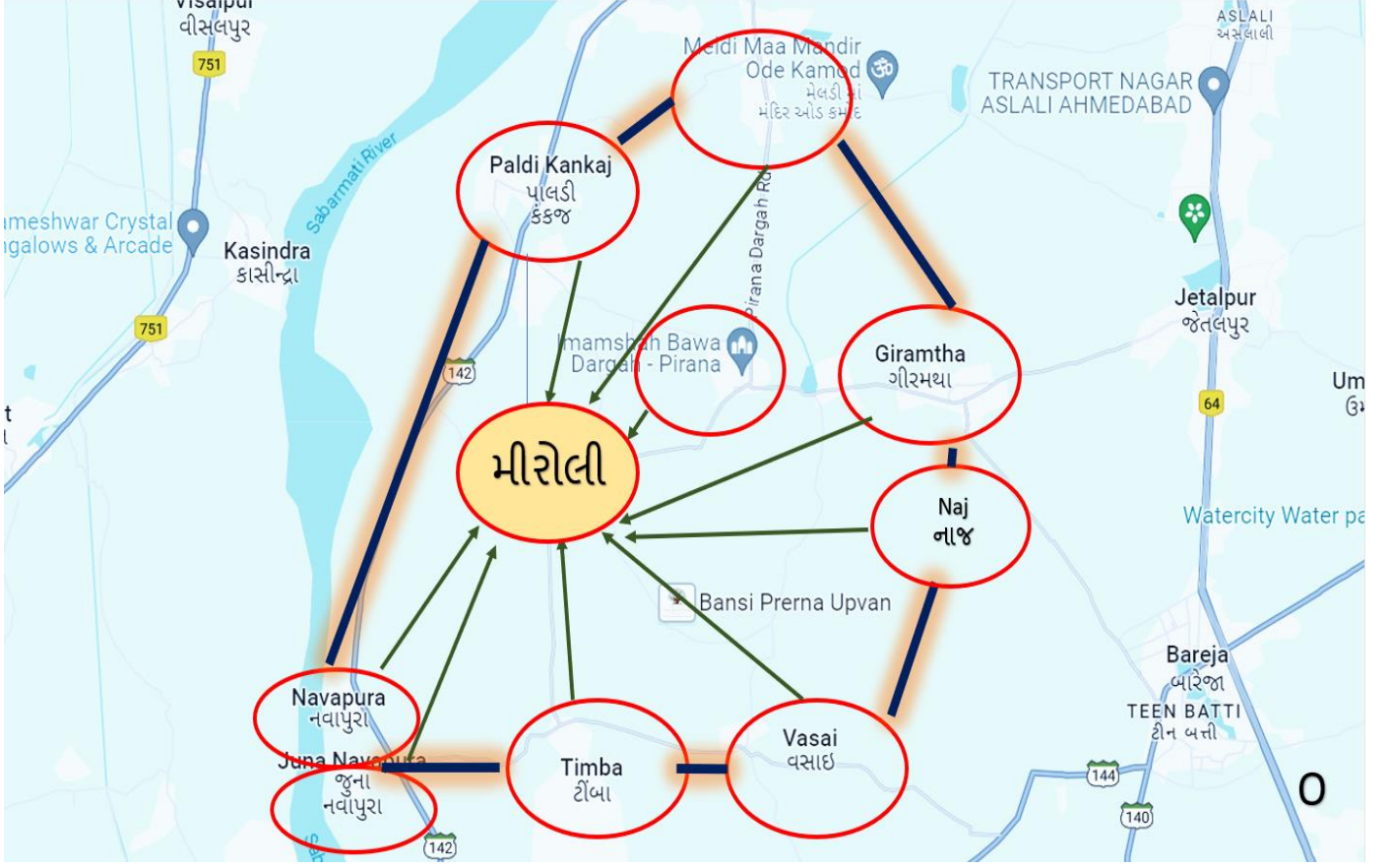
All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier’s School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



All India Rural Empowerment Program **औरुप**



Turning “ॐ - ग्राम समूह” into Reality: उपक्रम by LVTs

To transform the vision of “ॐ - ग्राम समूह” into tangible action, we have launched a series of impactful initiatives— उपक्रम —led by our dedicated Local VolunTeachers (LVTs). These initiatives are the building blocks of a self-reliant, progressive, and empowered rural ecosystem.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



उपक्रम

1. My Nation My Responsibility (MNMR): Empowering the Next Generation

The MNMR project strengthens VolunTeaching efforts and brings our pedagogy to Jilla Panchayat schools. In MNMR, we prefer to work with the government education system. Through our enrichment pedagogy, स्व से समाज, our Local VolunTeachers (LVTs)—especially female LVTs—visit cluster area schools from Monday to Friday as part of a 60-day program.

Each LVT selects a school and begins by conducting a detailed survey to assess its infrastructure, facilities, and teaching methods. Based on the findings, LVTs take responsibility for weaker students (प्रिय बालक), working with them for 45 to 50 days. Following the आत्मशिक्षा session pattern, they engage with students, helping them open up and strengthen their reading, writing, and arithmetic skills (वाचन, लेखन, गणना).

This initiative helps Avsath to establish a strong presence in schools and villages, making future LVT scouting more effective. Moreover, LVTs experience the joy of giving back to their schools (शाळानुं ऋण युक्व्यान्तो आनंद), fostering a deep sense of community contribution and educational empowerment.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



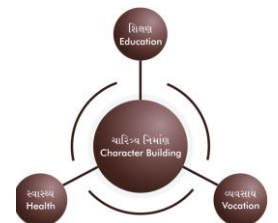
All India Rural Empowerment Program **औरुप**



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



2. Digital Skilling: Empowering Youth for Emerging Technologies and Income Generation

In our effort area, a cluster of nine villages, industrial growth has surged over the past decade. When we started our work, there were only a couple of industries. Today, the number has grown to over 250, spanning sectors like pharma, textiles, logistics, manufacturing, and food processing. Recognizing this transformation, we saw an opportunity to equip rural youth with industry-specific skills.

A detailed industry survey revealed a strong demand for skilled professionals, particularly those with interpersonal and digital competencies—especially in Tally and ERP operations. To bridge this gap, Avsath, in collaboration with Open-Source Science (Netherlands), has launched a unique digital skilling initiative focused on open-source technologies.

In today's digital era, IT drives economic growth, yet rural areas often lack access to quality training. Open-source platforms like Linux and Odoo provide cost-effective learning pathways, enabling rural communities to tap into emerging job opportunities. By integrating open-source IT education, we aim to create sustainable career prospects for the youth.

Collaboration between governments, educators, and industries is crucial in making this initiative impactful. Through our program, students will not only receive specialized training but also gain access to live projects from Open-Source Science, ensuring hands-on experience and practical learning.

This initiative is a step toward building a digitally skilled workforce, empowering rural youth, and fostering economic growth in our region.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



All India Rural Empowerment Program **औरुप**



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



3. Multi-Layer Farming: A Path to Sustainable Income

One of the biggest challenges faced by farmers in our effort area is the small size of their land holdings. With an average of just one bigha (viga), traditional farming alone does not generate sufficient income. To address this, we initiated the Multi-Layer Farming Experiment.

Two Local VolunTeachers (LVTs) from Avsath traveled to Sagar, Madhya Pradesh, to learn the Multi-Layer Farming technique from expert Mr. Akash Chourasiya. This innovative method maximizes land utilization by growing multiple crops at different heights in a single plot. Shallow-rooted plants like leafy greens grow at the base, while climbers, creepers, and taller crops occupy the vertical space above.

Benefits of Multi-Layer Farming are :

- Higher Yield: Multiple crops are harvested throughout the year, ensuring continuous income.
- Efficient Land Use: Small landholders can optimize their limited space to grow more food.
- Reduced Input Costs: Natural shade and soil moisture retention reduce the need for excessive water and fertilizers.
- Climate Resilience: Layered cropping protects the soil, reduces erosion, and minimizes the impact of extreme weather.

To enhance farmers' earnings, we are promoting agro-based value addition. Instead of selling raw produce at low margins, farmers can increase profitability by processing, packaging, and marketing their products. This includes organic spices and herbal products, fruit and vegetable processing (such as jams, pickles, dehydrated fruits, and vegetable powders), and the creation of eco-friendly products like herbal teas, essential oils, and organic fertilizers.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



All India Rural Empowerment Program **औरुप**

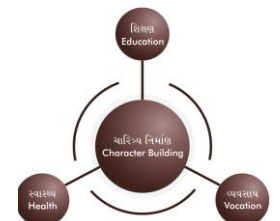
Our vision is to train small-land farmers in both Multi-Layer Farming and agro-based value addition, empowering them to achieve economic self-sufficiency. By integrating these sustainable practices, we aim to create a resilient, profitable, and climate-smart agricultural model in our region.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



4. सुगति (Sugati): Wellness at the Village

According to Ayurveda, preventing disease is more important than treating it. Our health initiative follows this principle, working under the mentorship of **Dr. Hitesh Jani**, a renowned Ayurvedacharya, to establish a structured wellness process.

In the project's initial phase, we conducted three types of surveys:

1. **Village Survey (conducted in all 9 villages of our cluster)**
2. **Family Survey (conducted in Timba village)**
3. **Detailed Individual Survey (conducted in Timba village)**

The next step involves analyzing the data and designing a wellness process based on Ayurvedic lifestyle practices. Additionally, we plan to organize health camps tailored to the survey findings, promoting holistic well-being in the community.

In our health vertical, cleanliness is an integral part of overall well-being. To address sanitation issues in villages, we are actively engaging with the community and village leaders, including the Sarpanch, while also exploring sustainable waste management solutions.



5. शौर्य (Shaurya): Empowering Rural Youth for Strength, Service, and Success

Village youth are naturally athletic and physically capable, yet many aspiring to join the Army, Police, and Defence forces struggle due to a lack of structured training facilities. To bridge this gap, शौर्य (Shaurya) was launched—a focused initiative to empower young talent for careers in defence, law enforcement and competitive sports.

Under the expert guidance of Coach Pranav Godhaviya, boys and girls from rural communities will receive specialized training tailored for government initiatives like Agniveer, defence recruitment, and police force entry. Additionally, Shaurya will equip them to excel in Khel Maha Kumbh and other national-level sports and adventure competitions, ensuring they are physically and mentally ready to take the lead.

Shaurya is not just a training program—it's a movement to build resilience, discipline, and leadership in the next generation. With state-of-the-art training infrastructure, Avsath is set to become a premier training hub in the region—a first-of-its-kind initiative dedicated to shaping the next generation of warriors, athletes, and leaders.



All India Rural Empowerment Program **औरुप**



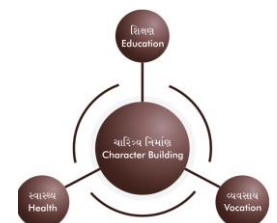
In addition to the above **उपक्रम**, our LVTs take on various responsibilities and leadership roles. Those with strong management skills are involved in coordinating the VolunTeaching process, local operations, database management, and survey work. LVTs with strong subject expertise lead Avbodhan peer learning for 10th and 12th grade, fostering collaborative and effective learning. LVTs with a talent for painting and crafting participate in the Center Beautification internship, while those skilled in content creation actively manage our social media handles and develop content for our processes as part of their paid internship.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



Celebrations & Community Events: A Dynamic Pulse of Energy!

Community events are a vital part of our journey, serving as platforms to address local issues through initiatives like Gramotsav, Sports Day, Science Fair, Parents' Meetings, Yajna, and cleanliness drives. These events foster awareness, engagement, and collective action.

Festivals, celebrated with our kids and team, infuse joy and strengthen the bonds between VolunTeachers (VTs) and Local VolunTeachers (LVTs), creating a close-knit, motivated community.

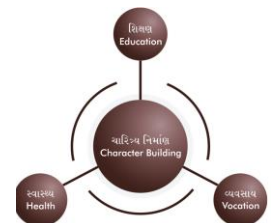
At AIREP and Avsath, we believe in the power of effort and process. Every initiative is designed to ensure that everyone involved not only contributes but also L(earns) life itself!



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



Internships: That Teaches Life!

Students are the torchbearers of the future and we welcome them as interns to infuse fresh energy, perspectives, and ideas into our process. More than just gaining experience, our internships provide a platform for holistic growth, where interns not only contribute but also learn life itself—understanding diverse cultures, traditions, and real-world challenges. Over the past 16 years, more than 200 interns have joined us, embodying the belief that when passion meets purpose, lives transform. Many of these interns have gone on to become dedicated VolunTeachers, continuing their journey of impact.

Over the years, we have been fortunate to welcome interns from esteemed institutions such as Ganpat University (GU), Nirma University (NU), AIESEC, DAIICT (Dhirubhai Ambani Institute of Information and Communication Technology), MS University Baroda (MSU),

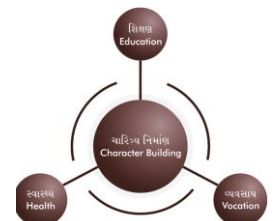
National Law University (NLU), and Ahmedabad University (AU). Their contributions, enthusiasm, and willingness to learn have enriched our journey, making the experience truly meaningful for all.



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



सहयोग (Collaboration): Uniting Efforts, Amplifying Impact!

Collaboration is essential for meaningful growth. To align efforts with objectives and maximize impact, we work with various departments of the Government of Gujarat, including Education, Industry, Rural Development, Cottage Industry, and Health. These partnerships help us refine and accelerate our initiatives for greater effectiveness.

Beyond government collaborations, we are grateful to work with organizations such as Motif, Laghu Udyog Bharti, Lok Bharti, Punrutthan Vidyapeeth, Vidya Bharti, Global Indians for Bharat Vikas (GIBV), Hindu Student Council (HSC), and Hindu University of America (HU). Their support and commitment to social upliftment help us drive positive change and make a lasting impact.

Your Kindness Fuels Our Mission - Gratitude to our contributors, supporters

From day one to today, countless noble souls have contributed financially and with their resources to ensure a smooth VolunTeaching journey. Their unwavering support has enabled us to organize impactful events, participate in marathons, and secure CSR funds. Our own VolunTeachers and well-wishers have generously contributed in many ways—be it through direct financial aid or by offering their resources, like transportation and event-specific support, to keep our mission alive. Organizations such as Motif, Rotary Club of Karnavati, S&P Global, AGS Health Ltd and Express Lift Private Limited have played a crucial role in strengthening our cause.

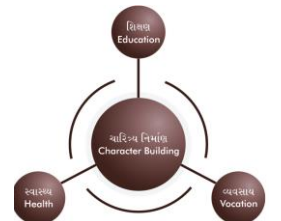
We extend our heartfelt gratitude to Jaswant Uncle & Mrudula Aunty, whose generous support made the construction of वितर्क क्षेत्र, शौर्य क्षेत्र, हरिओम क्षेत्र, अन्नपूर्णा क्षेत्र and



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Rajji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in



All India Rural Empowerment Program **औरुप**

कौटिल्य क्षेत्र possible. Our sincere appreciation also goes to Dr. Mahesh Mehta (Dadu)'s friends, whose kindness enabled the beautification of आर्ष and आगत क्षेत्र. We are deeply grateful to Ragini Mehta for graciously allowing the use of the site, Subhash Mehta for his invaluable cooperation in the building's construction, and Shailesh Mehta, whose unwavering dedication and continuous efforts made the entire construction a reality.

We extend our heartfelt gratitude to each and every contributor - VolunTeachers, community members, family, and friends - whose direct or indirect support has been instrumental in driving this transformative journey forward.



॥ अस्तु ॥



All India Rural Empowerment Program(AIREP)

(Run By Avsath Vidya Sansthan)

4, Nilima Flats, Vraj Raiji Colony, Near St. Xavier's School, Navrangpura, Ahmedabad 380009
Phone: +91 99250 05837 | E-mail: aireprogram@gmail.com | URL: www.volunteacher.in

